## **Natural Acceptance (glimpse of Innate Nature)**

**Acceptance (External Influence)** 

Given a choice, what do I accept naturally?

Free from influence, pressure from outside

Innate nature

Acceptance under the given circumstances

Includes influence, pressure from outside

**Assumptions** 

## **Acceptance or Natural Acceptance?**

Collaboration

Competition

Feeling of respect **Dominate** RELATIONSHIP Saying Good Morning Exploit the weak Respect all Discuss Respect elders Keep the body healthy **HARMONY** Eating tasty food Consuming nutritious food Accumulate Orderliness, neatness, cleanliness Discipline Self-discipline Doing whatever I like Struggle for survival CO-EXISTENCE Exploit natural resources

Enrich the forests

Plant trees

2

## **Natural Acceptance (glimpse of Innate Nature)**

**Acceptance (External Influence)** 

Given a choice, what do I accept naturally?

Free from influence, pressure from outside

Innate nature INNATE

Uncorrupted by preconditioning INTACT

Does not change with time

place

person UNIVERSAL

Acceptance under the given circumstances

Includes influence, pressure from outside

Assumptions

May change, depend on other, the situation, circumstances... different for different people

We can directly see it, refer to it
We can observe our state (happiness or
unhappiness)

- When we live according to it (in harmony)
- When we live in contradiction to it (in disharmony)